

St Thomas' C of E PE Policy



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Approved by:	CEA
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This policy is scheduled for review on:	Every 3 years or on updates

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Policy Statement

This policy outlines Manor Multi Academy Trust's ('we' / 'our' / 'us') expectations of our employees' ('you') in relation to providing the best Geography curriculum for our pupils.

We are committed to equality and value diversity. As such we are committed to fulfilling our Public Sector Equality Duty (Equality Duty) obligations and expect all staff and volunteers to share this commitment.

This policy should also be applied in accordance with our Staff Code of Conduct and ICT Acceptable Use policies and Procedures. Copies of all policies and procedures can be accessed via the **All MAT Staff** area on Teams.

The Equality Duty requires us to have due regard to the need to:

- Eliminate unlawful discrimination, harassment, and victimisation.
- Advance equality of opportunity.
- Foster good relations between people who share protected characteristics, such as age, gender, race and faith, and people who do not share them.

If you consider that any of our practices, policies or procedures may be indirectly discriminatory, you should report your concerns and the basis for them to your line manager, who will take appropriate action and ensure that you receive a written response in respect of the concerns that you have raised.

This policy does not form part of your contract of employment. We reserve the right to amend or withdraw this policy at any time.

We are responsible for ensuring the effective implementation of this policy. As part of equality monitoring we will review and monitor the operation and impact of the policy on a regular basis and in accordance with the policy review date. As part of this monitoring and review this policy will be equality impact assessed.

Scope

This policy applies to employees, workers, agency workers, consultants and volunteers, whether during working hours or otherwise.

This Policy provides information which underpins our Staff Code of Conduct. Copies of these policies and procedures can be accessed via the **All MAT Staff** area on Teams.

Aims & Principles

The aim of this policy is to explain how our PE Curriculum is implemented at St Thomas' C of E Academy.

PE Policy

Vision

At St. Thomas' CE Academy, our curriculum is built upon our mission statement, to enable all children to "Grow, learn and shine together with God". We inspire children to be 'Active Learners' and 'Creative Thinkers' through the use of the 'St Thomas' 10 Star Learning behaviours' and the 'St Thomas' 'Ds'.

Intent

At St. Thomas' we aim for all our children to develop a love of physical activity and competitive sports. We strive to inspire children to become physically confident and engage positively in competitive games. Children will be exposed to a variety of different sporting activities and be given the opportunity to use a range of sporting equipment. As well as the physical skills, we will equip children with the knowledge and understanding of the processes involved in movement and tactical thinking. We aim to foster a sense of respect, fairness and co-operation in our children when engaging in competitive activities. The importance of keeping fit will be instilled in our children so they can make healthy lifestyle choices.

Implementation

At St Thomas' CE Academy, our curriculum incorporates the statutory requirements set out in the Early Years Framework and National Curriculum but has been designed to go above and beyond this to provide the children with a range of opportunities to explore different types of physical activity. Our carefully designed scheme of learning ensures a progression of key concepts, knowledge and skills both within and across each year group. Children enjoy an hour-long PE lesson twice every week. Medium-term plans for each topic have been designed to ensure learning is well sequenced and progressive. Key vocabulary has been built into the medium-term plans to enable children to talk about and evaluate their learning in PE as well as demonstrate their skills. Medium-term plans have been developed to cover a range of physical activities including:

- Invasion games
- Dance
- Gymnastics
- Striking and Fielding
- Net and Wall Games
- Athletics
- Swimming
- Outdoor Adventure Activities

We are committed to teaching high quality PE lessons that meet the needs of all our pupils. Across their lessons, children are taught to:

- Develop confidence in their fundamental movement skills (such as running, jumping, throwing and catching in isolation and in combination)
- Demonstrate participation and co-operation in team games. Develop tactical thinking and communications skills.
- Perform final sequences of movements to an audience demonstrating the key skills. Evaluate and recognise their own success.
- Positively competing with and against their peers.
- Improve their strength, balance and flexibility. Develop confidence and competence when swimming.
- Lessons and outcomes are monitored frequently by the PE subject lead and evaluations of these are used to continually enhance our curriculum design and delivery.

Cultural Capital

We enhance the curriculum and our children's cultural capital in various ways, for example:

- Organising a Year 6 residential that incorporates adventurous outdoor activities including climbing, orienteering and abseiling.
- A variety of sports after school clubs including football, dodgeball, dance and cricket.
- Organised sport tournaments competing against other schools.
- Organised sports day where children compete against each other in a variety of competitions.

Impact

The teaching of PE is of the highest quality at St Thomas'. Children's progress is assessed informally during each lesson, evaluating their progression of skills. As part of the St Thomas' feedback policy, verbal feedback is given to the children regularly. We encourage our children to live an active and healthy lifestyle, therefore we ensure we discuss the underpinning knowledge and theory behind the activities we are performing and therefore inspire healthy life choices. Pictures and video recordings are used to support high quality outcomes and allow children the opportunity to reflect on their own performance or feedback on the performance of others. Children are able to talk confidently about their learning and can remember their learning from earlier within the year or from previous years. Through the teaching of Physical Education, we foster an ethos of respect and responsibility. Our children understand that they are taking part in PE to promote an active and healthy lifestyle. Teaching of Physical Education has a direct impact on our children's skills for not only the next stage of their education but also their future life opportunities. Being exposed to the different types of physical activity or sports with the use of high-quality equipment encourages positive lifestyle choices when it comes to leading a healthy lifestyle.