Hi children.

Hope you are all doing well and finding new and exciting things to do while at home.

If you feel like some quiet time, either by yourself or as a family, take a look at the reflection which follows on this PowerPoint. Just keep clicking through at your own pace

- and remember the words of Jesus: “I am with you always!”

Take great care.
In the name of the Father, and of the Son and of the Holy Spirit

Amen

Let the light of Jesus shine in our hearts
Read the following passage by yourself, or with your family, and reflect for a few moments on the questions that follow:
Jesus Calms a Storm

On the evening of that same day Jesus said to his disciples, “Let us go across to the other side of the lake.”
So they left the crowd; the disciples got into the boat in which Jesus was already sitting, and they took him with them. Other boats were there too.

Suddenly a strong wind blew up, and the waves began to spill over into the boat, so that it was about to fill with water.

Jesus was in the back of the boat, sleeping with his head on a pillow. The disciples woke him up and said, “Teacher, don't you care that we are about to die?”
Jesus stood up and commanded the wind, “Be quiet!” and he said to the waves, “Be still!”

The wind died down, and there was a great calm.
Then Jesus said to his disciples, “Why are you frightened? Do you still have no faith?”

But they were terribly afraid and began to say to one another, “Who is this man? Even the wind and the waves obey him!”
What do you think the disciples were most afraid of?

How did Jesus calm the storm?

How did Jesus calm the fears of the disciples during the storm?

What fears do you have?

Can Jesus calm your fears? How do you think he does that?
A prayer for our world at this time

Pause for a moment and call to mind all who would like to pray for this week...

Let us pray this week in a special way for all the medical teams working to keep us all safe and well.

Loving God,
We pray for the needs of our world today. During this pandemic, we give thanks for the generosity of the medical teams who are working to keep us all safe and well. Please give them your strength and your courage, and help all of us to continue to do all we can to look after one another.

We make this prayer through Christ our Lord. Amen.

An Idea...
Each time you wash your hands today, say a prayer for health care workers (or someone else you would like to pray for)
"LIKE THE DISCIPLES IN THE GOSPEL WE WERE CAUGHT OFF GUARD BY AN UNEXPECTED, TURBULENT STORM. WE HAVE REALIZED THAT WE ARE ON THE SAME BOAT, ALL OF US FRAGILE AND DISORIENTED, BUT AT THE SAME TIME IMPORTANT AND NEEDED, ALL OF US CALLED TO ROW TOGETHER, EACH OF US IN NEED OF COMFORTING THE OTHER."

POPE FRANCIS | URBI ET ORBI